



The AEDP Institute & PsyBC Present

THE HEART *of* HEALING

*Understanding the Principles of
Deep Emotional Change*

ATTACHMENT, NEUROPHYSIOLOGY, & AEDP

New York City, February 6–7, 2010

The AEDP Institute and PsyBC are delighted to invite you to *The Heart of Healing*, the first AEDP Conference in New York City. This two-day conference engages the process of deep emotional change, and explores a transformational therapy that seamlessly integrates attachment, emotion, affective neuroscience, mother-infant studies, experiential techniques, and body-based trauma treatments into moment-to-moment clinical work. Come witness the healing-oriented clinical practice of AEDP, learn about Stephen Porges's Polyvagal Theory, and experience how body, brain, psyche, and human connection intertwine to support the mechanisms underlying deep emotional change.

Keynote Speakers: **DIANA FOSHA, Ph.D.** and **STEPHEN W. PORGES, Ph.D.**

Presentations and Workshops: The Faculty of the AEDP Institute

Clinical videotapes of actual therapy sessions will demonstrate:

- How to develop a secure attachment relationship from the outset with even the most traumatized and avoidant individuals
- Systematic interventions to facilitate deep affect so as to heal trauma and enhance resilience
- Tools to regulate anxiety, restructure defenses, and build self-compassion in patients
- Take home skills for working with complex trauma and treatment-resistant character disorders
- How to translate cutting edge research on brain plasticity into your clinical practice

FOR MORE INFORMATION & TO REGISTER:

For conference program, schedule, location, and registration, go to www.aedpinstitute.com and click on "The Heart of Healing / NYC AEDP Conference 2010."



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KEYNOTES

Diana Fosha, Ph.D. on *Transformance, Transformational Theory and AEDP's Healing-Based Clinical Practice*

Stephen Porges, Ph.D. on *Mutually Transformative Processes: A Polyvagal Perspective of the Adaptive Benefits of Social Interactions and Safe Attachments*

PANEL

Stephen Porges, Diana Fosha, Eileen Russell, Jerry Lamagna and Danny Yeung: *The Process of Emotional Change: What It Looks Like and How It Works*

PRESENTATIONS

Benjamin Lipton, LCSW on *Attachment as a Transformative Process in AEDP*

Candycy Ossefort-Russell, LPC on *Intense Emotions and Healing Trauma*

Steven Shapiro, Ph.D. on *Working with Treatment-Resistant Personality Disorders*

Ron Frederick, Ph.D. on *Emotional Mindfulness*

Diana Fosha, Ph.D. on *Recognition, Vitality, and the Emergent Phenomenology of Transformational Experience*

WORKSHOPS

SueAnne Piliero, Ph.D. on *Transforming Self & Other Representations*

Eileen Russell, Ph.D. on *Noticing, Feeling, & Listening to the Pulse of Change*

Natasha Prenn, LCSW on *Learning the Experiential Language and Protocol of AEDP*

Kari Gleiser, Ph.D. on *Working with Complex Trauma and Dissociative Disorders*

FEES & CREDITS

CONFERENCE FEE: \$290; EARLY REGISTRATION (before 12/15/09): \$250

SPECIAL FEES: Students, interns, and residents: \$150 (\$130 for early registration)

GROUP RATES: Minimum of 5 people (no exceptions): \$250/person; EARLY REGISTRATION (before 12/15/09): \$230/person

CE CREDITS: 14

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